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Józef Piłsudski University of Physical Education in Warsaw (16)  
Faculty of Tourism and Health in Biała Podlaska (16)

Field of study: **Tourism and Recreation** (14)

**Cosmetology** (14)

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Author's first name and surname (16)

Transcript No.: (14)

Title of the thesis (16)

**Master's degree** thesis (14)

**Chair** .....(12)

**Department** .....(12)

Supervisor's academic title, first name  
and surname (12)

Biała Podlaska, date (12)

- to choose from